

## RESOLUTION NO. 748

### A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF GIG HARBOR, WASHINGTON, ADOPTING THE MISSION OF THE HEALTHY COMMUNITIES OF PIERCE COUNTY AND ENCOURAGING THE SUPPORT OF ITS CITIZENS, HEALTHCARE, EDUCATION AND BUSINESS ESTABLISHMENTS TO JOIN IN ITS EFFORTS TO PROMOTE A HEALTHY GIG HARBOR

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**WHEREAS**, it has been statistically demonstrated that our citizens are experiencing an epidemic of decreasing health, nutrition, and physical activity resulting in increased obesity, and

WHEREAS, obesity is a complex problem of lack of activity, nutritional choices and life style patterns, and

**WHEREAS**, this increase in obesity is contributing to a substantial decrease in the overall health and fitness of our citizens, and, in particular, our youth, and

**WHEREAS**, if this trend continues, it will have serious consequences for our community, resulting in loss of productivity, taxing our healthcare resources, increasing healthcare costs, and threatening the well being of our future generations.

### **NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF GIG HARBOR, WASHINGTON, HEREBY RESOLVES AS FOLLOWS:**

Section 1. Mission Adopted. The City will adopt and support the following statements:

- a. To encourage regular physical activity and good nutrition for the wellness of all residents.
- b. To support public health efforts to prevent and control obesity, chronic disease and other adverse health conditions.
- c. To promote environmental solutions as well as institutional and government policies and practices that support healthy eating and physical activity.
- d. To continue/expand public and private partnerships, including the Healthy Harbor Program, to inform and promote healthy choices.

Section 2. Action.

- a. Pursuant to the City adopting and supporting this Mission, the City Clerk is directed to promulgate it through whatever appropriate means necessary, including the use of local publications, posters, and the media with the goal improving the overall health of the Gig Harbor Community.
- b. The City of Gig Harbor supports efforts to encourage restaurants /grocery stores; the food nutritional supplement and pharmaceutical industry; healthcare providers; schools; parents; and community organizations to adopt and begin to implement policies and practices to reduce the consumption of excessive calories while increasing the nutritional value of food choices and promote increased physical activity in order to improve the livability of the City of Gig Harbor.
- c. The City of Gig Harbor is committed to continuing to put a high priority on the development of walkways, bikeways and parks that are conducive to physical activity for the benefit of its citizens.

RESOLVED this 28th day of April, 2008.

APPROVED:

  
CHARLES L. HUNTER, MAYOR

ATTEST/AUTHENTICATED:

  
CITY CLERK, MOLLY TOWSLEE

FILED WITH THE CITY CLERK: 04/23/08  
PASSED BY THE CITY COUNCIL: 04/28/08  
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